PREVENTING ENDOMETRIAL CANCER

Approximately 49,600 cases of endometrial cancer are diagnosed each year in the United States.¹

It is the most common cancer of the female reproductive organs. More cases of endometrial cancer occur each year than ovarian cancer and cervical cancer combined.²

Excess body weight increases risk²

Being active decreases risk²

The American Institute for Cancer Research estimates that 59% of U.S. endometrial cancer cases, or about 3 in 5, could be prevented by being at a healthy weight and being physically active.²

That’s roughly 29,200 cases each year that never have to happen.

Yet today…

Roughly 7 out of every 10 American women are overweight or obese.³

More than half of American women do not get enough activity to protect themselves.⁴

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The evidence is the latest from the AICR/WCRF Continuous Update Project (CUP) which systematically updates and reviews the research conducted worldwide into cancer risk related to diet, physical activity and body weight. All the evidence gathered is then assessed by a panel of independent scientists who make recommendations for cancer prevention.